AFTER ALL THESE YEARS**

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MUSIC:  After All These Years, After All These Years, Foster and Allen, 3:13
available as download from Amazon (speed 2%, or as desired)

RHYTHM:  Slow Two Step

PHASE:  PH IV+1(triple traveler) +1 (the square) above average difficulty

FOOTWORK:  Opposite, unless otherwise noted (W’s footwork in parentheses)

SEQUENCE:  INTRO A B INTERLUDE A B ENDING  Released: March, 2013

INTRODUCTION

1-4  CUDDLE POSITION WALL WAIT:; OPEN BASICS TO ½ OPEN;;
1-2  [wait] Cuddle position wait;;
3-4  [open basics] Sd L, -, trng to left ½ OP brk bk R, rec L to cuddle pos; Sd R, -, trnng to ½ OP brk bk L, rec R preparing to fold across lady;

PART A

1-4  SWITCHES TO BFLY;; LUNGE BASIC; BASIC ENDING TO PICKUP;
1  [M switch] Sd & Bk crossing IF of W, -, cont trn sd & fwd L to left ½ op, fwd R (W fwd R betw M’s feet, -, fwd L, fwd R preparing to XIF of M);
2  [W switch] Fwd betw W’s feet, -, fwd L, fwd R (W trng RF IF of M sd & bk L, -, cont trn sd & fwd R to ½ OP, fwd R);
3  [lunge basic] Sd L to fc WALL, -, rec R, XLIF (XRF);
4  [basic end] Sd R, -, XLIB, rec R leading W to comm P/UP;
5-8  LEFT TURN/ INSIDE ROLL: BASIC ENDING; OPEN BASIC; LADY SWITCH TO BFLY WALL;
5  [left trn inside roll] Fwd L trng LF to fc WALL, -, sd R, XLIF (bk R trng LF ½ -, sd L trng LF und lead arms, sd R cont trng LF to fc ptr);
6  [basic ending] Sd R, -, XLIB of R, rec R (Sd L, -, XRIB of L, rec L);
7  [op basic] Blending to left ½ OP sd L, -, brk bk R, rec L preparing to fold lady;
8  [W switch] Fwd R betw W’s feet, -, fwd L, fwd R blending to BFLY(W trng RFIF of M sd & bk L, -, cont trn sd & fwd R to ½ OP, fwd L to fc M BFLY);
9-12  LUNGE BASIC; ROCK TURN/LADY LARIAT TO  LOP LOD; OUTSIDE ROLL; BASIC ENDING;
9  [lunge basic] Sd L to fc WALL, -, rec R, XLIF (XRF);
10  [rk trn/lady lariat] Sd R shaping to lady & leading her to lariat, -, rec L, rec R trnng LF to fc LOD (W sd L to M’s R sd, -, fwd R crossing beh M, fwd L);
11  [outside roll] ½ Fwd L bringing hnds down & bk, -, fwd R bringing hnds up around leading W to roll RF (W fwd R comm RF trn, -, sd & bk L trng RF und jnd hnds, cont RF trn fwd R to loose CP);
12  [basic ending] Sd R, -, XLIB, rec R (W sd L, -, XRIB, rec L);
13-16  OPEN BASIC; LADY SWITCH TO A PICKUP; TO LO BFLY TRAVELING CROSS CHASSES;;
13  [op basic] Blending to left ½ OP sd L, -, brk bk R, rec L preparing to fold lady;
14  [W switch] Fwd R betw W’s feet, -, fwd L, fwd R leading lady to P/UP (W trng RF IF of M sd & bk L, -, cont trn sd & fwd R to ½ OP, fwd L to P/UP);
15-16  [traveling X chasses] Blending to LO BFLY fwd L DLC w/ R sh ld, -, sd R & fwd DLW, XLIF; ffwd R DLW w/ L sh ld, -, sd L DLC, - XRF;

PART B

1-4  TRIPLE TRAVELER LOD;; BASIC ENDING;
1-3  [triple traveler]; Fwd L trng LF to fc COH, -, sd R, XLIF (W bk R trng LF ½ -, sd L trng LF und lead hnds, sd R cont trng LF to fc ptr); Fwd R spiral LF und jnd hnds, -, lowering hnds fwd L, R (W trn fc LOD fwd L, -, fwd R, fwd L); Fwd L bringing hnds down & bk, -, fwd R bringing hnds up around leading W to roll RF (W fwd R comm RF trn, -, sd & bk L trng RF und jnd hnds, cont RF trn fwd R to loose CP);
4  [basic ending] Sd R, -, XLIB of R, rec R (Sd L, -, XRIB of L, rec L);
PART B (CONT)

5-8  UNDERARM TURN; OPEN BREAK; CHANGE SIDES UNDERARM; REVERSE UND ARM TURN/
      LADY IN 2 TO SHADOW LEFT FOOT FREE;

5  {undarm trn} Sd L, - , XRIB of L, rec L (Sd R comm to trn RF under lead arms, -, XLIF trng to fc LOD, 
      fwd R to fc M);

6  {op brk} Sd R, -, apt L, rec R;

7  {chg sds} Fwd L leading W to trn LF under joined hnds, -, sd R to fc WALL, XLIF (W fwd R trning 
      LF und joined hnds to momentarily fc LOD, -, sd L to fc ptr & COH , XRIF);

8  {rev undarm trn/lady in 2 to shad} Sd R, -, XLIF, rec R (W sd L, -, XRIF trng ½ to fc DLW, -);

9-12  FORWARD RUN 2; 2 SHADOW RIGHT TURNS;; FORWARD RUN 2 BOTH FACE WALL;

9  {fwd run 2} Same ft work in shad fwd L, -, fwd R, fwd L;

10-11  {2 shad R trns} Fwd R trng RF, -, cont trn sd L, bk R to fc RLOD w/ R shoulder lead; Bk L trng RF, 
      cont trn sd R, fwd L to fc DLW w/ L sh ld; to fc LOD;

12  {fwd run 2 to fc wall} Fwd R, -, fwd L, fwd R to fc WALL;

13-16  LUNGE BASIC; LUNGE BASIC/LADY FACE IN 2/MAN CLOSE TO CP; SIDE BASIC;

OPEN BASIC;

13  {lunge basic} Sd L extending both arms, -, rec R, XLIF;

14  {lunge basic/lady in 2 M cl} Sd R, -, rec L, cl R to loose CP (W sd R, -, rec L trng LF to fc M, -);

15  {side basic} Loose CP sd L, -, XRib, rec L;

16  {open basic} Sd R, -, trng to ½ OP brk bk L, rec R preparing to fold;

INTERLUDE

1-4  THE SQUARE;;;

1-4  {the square} Like a switch M XIF of W sd L, -, trng RF to step sd R twd COH in L ½ OP, XLIF of R 
      (W fwd R, -, sd L twd COH, XRIF of L starting to XIF of M): Fwd R, -, sd L twd RLOD, XRIF of L 
      starting to XIF of W (W like a switch XIF of M sd L, -, trng RF to step sd R twd RLOD in ½ OP, XLIF 
      of R); Like a switch M XIF of W sd L, -, trng RF to step sd R twd WALL in L ½ OP, XLIF of R 
      (W fwd R, -, sd L twd WALL, XRIF of L starting to XIF of M): Fwd R, -, sd L twd LOD, XRIF of L 
      (W like a switch XIF of M sd L, -, trng RF to step sd R twd LOD in ½ OP, XLIF of R to BFLY);

REPEAT A

REPEAT B

ENDING

1-4  SWITCHES;; LUNGE BASIC TO A WRAP/M IN 2; LOWER LOOK & HOLD;

1-2  Repeat meas. 1-2, Part A

3  {lunge basic to wrap} Sd L raising L hnd, -, rec R wrap W to fc WALL, - (W sd R, -, rec L to fc RLOD, 
      cl R completing trn to fc WALL in wrapped pos);

4  {lower & hold} Soften into R knee, -, hold, - (W trn slightly LF to look at M, -);

(1-- can be cued as tunnel exit)

**Another dance dedicated to Ed for 55 YEARS of LOVE, PATIENCE, and SUPPORT!